

COOL

What New Brunswick students learn about  
in sex education:

# High School (9-12)

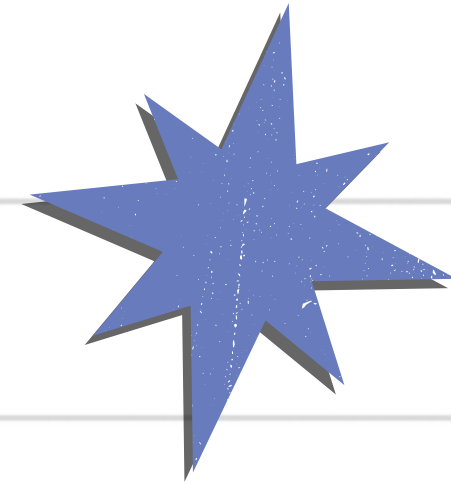
Get to know me more!

by @SexalityNB

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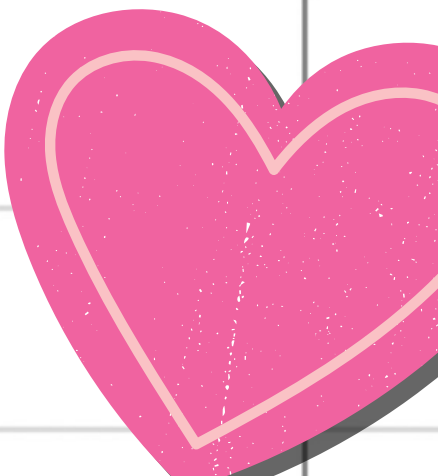
# Introduction



Sex education in New Brunswick high school is taught in 1) Personal Wellness (Grade 9) and 2) Individual and Family Wellness 120 (Grade 12).

Sex ed in high school includes themes like strategies for seeking, giving, withdrawing, and denying consent, distinguishing between infatuation and love, and modeling empathy and respectful communication when disagreeing, compromising, and/or negotiating.

We hope you find this guide useful and informative.



*Dream*

# Grade 9

In Grade 9, young people explore topics like sexting and consent, gender expression and identity, and self-pleasure (including masturbation).

Students will learn about the diversity of sexual relationships, and what it means to be sexually active.

Students also learn about seeking, giving, withdrawing, and denying consent during sexual activity.

*Dream*

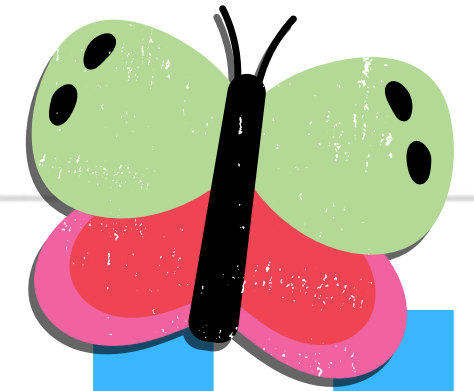
# Grade 12

In Grade 12, young people explore love and infatuation, pornography literacy, and the negotiated nature of consent during sexual activities.

Students continue to learn about maintaining relationships, how to end them, and how to show respect for their partner(s) in sexual and romantic relationships.



# LEARN MORE



## Personal Wellness 9

<https://curriculum.nbed.ca/learning-areas/high-school-block/wellness-and-physical-education/personal-wellness-9/>

## Individual & Family Wellness 120

<https://curriculum.nbed.ca/learning-areas/high-school-block/wellness-and-physical-education/individual-and-family-wellness-120/>

## Curricula

[https://www2.gnb.ca/content/gnb/en/departments/education/kl2/content/anglophone\\_sector/curriculum\\_anglophone.html](https://www2.gnb.ca/content/gnb/en/departments/education/kl2/content/anglophone_sector/curriculum_anglophone.html)



# Thank You

Learn more at: <https://sexualitynb.org>

Questions? Comments?

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